



"Gratitude is a powerful catalyst for happiness. It's the spark that lights a fire of joy in your soul."

Amy Collette



"Wear gratitude like a cloak, and it will feed every corner of your life."

Rumi

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

John F. Kennedy



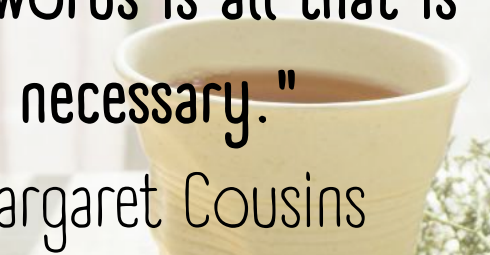
"Piglet noticed that even though he had a Very Small Heart, it could hold a rather large amount of Gratitude."

A.A. Milne,
'Winnie-the-Pooh'




A collection of autumn-themed items including pinecones, dried leaves in shades of orange and brown, and several small orange pumpkins, arranged on a white wooden plank background.


"Gratitude bestows
reverence...
changing forever how
we experience life
and the world."
John Milton

A white ceramic tea cup filled with a light-colored liquid, sitting on a matching white saucer. The cup and saucer are placed on a light-colored wooden surface. The background is a bright, slightly blurred indoor setting with natural light coming through a window.

"Appreciation can make a day,
even change a life.
Your willingness to put it
into words is all that is
necessary."
Margaret Cousins

A close-up of a person's hands holding a small, clear globe of the Earth. A lush green tree is growing out of the top of the globe. The background is a soft, out-of-focus green, suggesting an outdoor setting.

"When eating
fruit, remember
the one who
planted the tree."
Vietnamese Proverb

A landscape photograph showing a rocky foreground with a large, flat rock. In the background, there are rolling hills and mountains under a clear blue sky. The sun is visible, creating a lens flare effect.

"We can only be said to
be alive in those moments
when our hearts are
conscious of our
treasures."
Thornton Wilder